

Learning & Development

CALENDAR
Spring/Summer 2010



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SWA is committed to a positive policy of equal opportunities in the delivery of its training services. A copy of SWA's equal opportunities policy is available on request.

The information in this document is available in large print.

Please contact Scottish Women's Aid on 0131 226 6606 if you have any queries.

About Scottish Women's Aid Training Services

Scottish Women's Aid (SWA) is the umbrella organisation for a network of 40 independent Women's Aid groups throughout Scotland, with over 30 years experience of working with, supporting and listening to women, children and young people experiencing domestic abuse. The training provided by SWA draws on this experience whilst recognising the potential constraints affecting different agencies.

The training, development days and seminars provided by SWA are based on understanding domestic abuse as a gendered issue: that domestic abuse sits within the continuum of violence against women and is based within a historical context of gendered roles and expectations. As such, it coincides with the Scottish Government's 'National Strategy to Address Domestic Abuse'. All training is underpinned by the definition of domestic abuse contained within the National Strategy, namely:

"Domestic abuse (as gender based abuse) can be perpetrated by partners or ex-partners and can include physical abuse (assault and physical attack involving a range of behaviour), sexual abuse (acts which degrade and humiliate women and are perpetrated against their will, including rape) and mental and emotional abuse (such as threats, verbal abuse, racial abuse, withholding money and other types of controlling behaviour such as isolation from family and friends)."

SWA is committed to providing learning opportunities which are of a consistently high standard and quality, and which are designed to be participative with an emphasis on both understanding theory and practical skills development. The aim of training days is to promote good practice in order to improve service delivery to women, children and young people experiencing domestic abuse and other forms of violence against women. The aim of seminars is to take a theory-based approach to develop a deeper understanding of issues related to violence against women and gender based abuse.

SWA's training days can be provided on a commissioned basis and tailored to suit organisational needs. For further information please contact Nel Whiting on 0131 240 0308 or nel.whiting@scottishwomensaid.org.uk.

Training

April '10

Working With Children Experiencing Domestic Abuse

This session is aimed at workers who have regular contact with children and young people and who are seeking an understanding of how living with domestic abuse can impact on their lives. Participants need no prior learning of domestic abuse related issues.

By the end of the session delegates will have:

- Developed an understanding of how children and young people may experience domestic abuse
- An awareness of the effects of domestic abuse on children and young people
- Gained insight into the coping strategies children and young people may develop
- Explored the links between domestic abuse and child abuse.

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| Facilitator: | Sandra Paton (South Ayrshire Women's Aid) |
| Date: | Wednesday 14th April 2010 |
| Time: | 10am – 4pm |
| Venue: | SWA Office, 2nd floor, 132 Rose Street, Edinburgh EH2 3JD |
| Cost: | £95 per statutory sector delegate/£75 per voluntary sector delegate inclusive of buffet lunch. |

Training

May '10

Understanding the Dynamics of Domestic Abuse

This session is aimed at frontline staff who work directly with women, children and young people and who feel that an understanding of the dynamics of domestic abuse will help them in their work. Participants need no prior learning or experience of domestic abuse related issues.

By the end of the session delegates will be able to:

- Define domestic abuse as sexual, physical mental/emotional abuse (as termed by the Scottish Government)
- Appreciate the impact of domestic abuse on those who experience it and how it affects their behaviour and choices
- Understand the main issues of providing a sensitive and appropriate service to women, children and young people experiencing domestic abuse.

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| Facilitator: | Nel Whiting (SWA) |
| Date: | Friday 14th May 2010 |
| Time: | 10am – 4pm |
| Venue: | SWA Office, 2nd floor, 132 Rose Street, Edinburgh EH2 3JD |
| Cost: | £95 per statutory sector delegate/£75 per voluntary sector delegate inclusive of buffet lunch. |

Seminar

May '10

Bodies, Boundaries and Control: Gender, Sex and Violence in Christian Tradition

Locus of purity and pollution; centre of power and perversion; source of life and death: the gendered body has been central to the complex and sometimes contradictory development of Christian beliefs and practices. Women's bodies have been disciplined, constrained and subjected to control; subordination, coercion and abuse have been justified in the name of God and Christ. But is this the whole story? This seminar will consider historical and contemporary examples of embodiment, and will explore feminist resources, both within and beyond Christian tradition, for resistance, liberation and transformation in a world of normalised violence against women.

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| Facilitator: | Dr Lesley Orr (Edinburgh University) |
| Date: | Wednesday 19th May 2010 |
| Time: | 10am – 1pm |
| Venue: | SWA Office, 2nd floor, 132 Rose Street, Edinburgh EH2 3JD |
| Cost: | £35 per statutory sector delegate/£25 per voluntary sector delegate |

Training

May '10

Asking the Question, Dealing with the Response

This session is aimed at workers who have already attended training on domestic abuse awareness and are looking to further their understanding by addressing practical issues around supporting women.

By the end of the session delegates will be able to:

- Understand the main issues of providing a sensitive and appropriate service to women experiencing domestic abuse
- Think creatively about environmental factors which may impact on a woman disclosing domestic abuse
- Describe and identify specific skills and approaches necessary when talking to or interviewing women about their experiences of domestic abuse.

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| Facilitator: | Nel Whiting (SWA) & Nasra Bibi (freelance trainer) |
| Date: | Thursday 27th May 2010 |
| Time: | 10am – 4pm |
| Venue: | SWA Office 2nd floor, 132 Rose Street, Edinburgh EH2 3JD |
| Cost: | £95 per statutory sector delegate/£75 per voluntary sector delegate inclusive of buffet lunch |

Training

June '10

Young Women's Experiences of Abuse in Intimate Relationships

Scotland has long recognised the potential impacts of all forms of domestic abuse on children and young people. Building on this understanding, the National Domestic Abuse Delivery Plan for Children & Young People (2008) recognises that young people can experience domestic abuse in their own relationships. This training day is aimed at frontline workers who wish to consider the specific nature of young women's experiences and support options.

By the end of the session delegates will have:

- Understanding of the links between dating abuse, domestic abuse and media representations of masculinity, femininity and young people.
- An understanding of how young people live and how this shapes their experiences of abuse
- An appreciation of differing conceptualisations of dating abuse and their implications for support and intervention
- Describe and identify specific skills and approaches necessary when talking with young women about their experiences of dating abuse.

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| Facilitator: | Ellie Hutchinson & Nel Whiting (SWA) |
| Date: | Thursday 3rd June 2010 |
| Time: | 10am – 4pm |
| Venue: | SWA Office 2nd floor, 132 Rose Street, Edinburgh EH2 3JD |
| Cost: | £95 per statutory sector delegate/£75 per voluntary sector delegate inclusive of buffet lunch |

New Seminar

June '10

Who are the Men Perpetrating Domestic Abuse?

This seminar aims to look at the men who perpetrate different types of intimate partner violence. It will consider the risks associated with their behaviour, and how thinking theoretically can help address these issues. It will also look at very practical work that is currently being undertaken in Scotland with perpetrators of domestic abuse.

By the end of the session delegates will be able to:

- Consider aspects of cognition underpinning different sub-groups of intimate partner violence offenders
- Highlight the risk associated with types of offender
- Understand the importance in keeping a perpetrator visible in meeting the needs of women and children who have been affected by domestic abuse.

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| Facilitator: | Professor Liz Gilchrist (Glasgow Caledonian University) & Vikki Kerr (DVVP) |
| Date: | Friday 4th June 2010 |
| Time: | 10am – 1pm |
| Venue: | SWA Office 2nd floor, 132 Rose Street, Edinburgh EH2 3JD |
| Cost: | £35 per statutory sector delegate/£25 per voluntary sector delegate |

Training

June '10

Trainers' Biographies

Mothering Through Domestic Abuse

Research into children's experiences of domestic abuse has consistently emphasized the importance of providing support to the non-abusive parent (usually the mother) for effective child protection. But what exactly does this involve and why does it seem to be so difficult to achieve? Why does the perpetrator of domestic abuse often become 'invisible' in child protection procedures?

- Explore how dynamics of domestic abuse constrains mothers' choices
- Apply Evan Stark's theory of Coercive Control and Michael Johnson's theory of Intimate Terrorism to our understanding of mothering in the context of domestic abuse
- Investigate methods for supporting mothers in this new framework
- Identify potential practice changes that might reflect new understanding
- Build skills for problem solving how to support mothers using multiagency resources.

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| Facilitator: | Marsha Scott (freelance trainer) & Nel Whiting (SWA) |
| Date: | Monday 7th June 2010 |
| Time: | 10am – 4pm |
| Venue: | SWA Office, 2nd floor, 132 Rose Street, Edinburgh EH2 3JD |
| Cost: | £95 per statutory sector delegate/£75 per voluntary sector delegate inclusive of buffet lunch |

Nasra Bibi

Nasra has worked in the voluntary and statutory sector for the last 20 years and is a founding member of a black women's refuge in Scotland. She has worked in a range of community settings with projects for women, young women and in particular BME women. Nasra has specialized in developing anti-racist and anti-discriminatory approaches to gender inequality.

Professor Liz Gilchrist

Liz Gilchrist is Professor of Forensic Psychology at Glasgow Caledonian University. She is also a Chartered Forensic Psychologist and a part-time psychologist member of the Parole Board for England and Wales. Liz's expertise is in the area of domestic violence, fear of crime, criminal justice decision-making and impact of victimization. She has both clinical and research experience with perpetrators and victim/survivors of domestic violence. In the early 2000s she led the national study, funded by the Home Office, to explore criminogenic need in domestic violent offenders, which involved research with perpetrators and victim/survivors.

Ellie Hutchinson

Ellie Hutchinson is the Prevention Worker at Scottish Women's Aid, where she works at the strategic level to ensure that the prevention of domestic abuse is embedded in relevant national policy and practice. She holds an MSc in International and European Politics from the University of Edinburgh, where her dissertation focused on lobbying strategies developed by NGOs campaigning for policy change for trafficking for the purposes of sexual exploitation. She was involved in setting up the Edinburgh Feminist Network in 2007. Ellie has worked in the violence against women setting for the past four years, as a support worker both at Edinburgh Women's Rape and Sexual Abuse Centre and East Kent Rape Line, and also as an activist, student and policy worker. Prior to this Ellie worked in youth settings in Kent and abroad. She has also completed a BA (Hons) Development Studies and Overseas Study at the University of East Anglia, where she focused on gender, ethnicities and religion in the South Pacific.

Vikki Kerr

Vikki Kerr is the Senior Social Worker managing the Domestic Violence Probation Project's (DVPP). The DVPP was established in 1991 to provide a constructive community-based disposal that addresses issues relating to domestic abuse and work with men convicted of domestic abuse offences in Edinburgh and Midlothian. In 2000 a women's support service was established in the DVPP to provide pro-active support to the women (ex)partners of men on the programme. The women are consulted and offered support according to their own needs and goals and their involvement with the DVPP workers is entirely voluntary. DVPP have been road testing the use of the Caledonian men's programme, developed with practitioners from elsewhere in Scotland. This programme is part of a system of intervention also comprising a service for women, children and families affected by these offences; and inter-agency protocols for joint working. Vikki has worked with this team for 7 years, working primarily in the men's service and contributing to a broad range of training, conferences and awareness raising events.

Lesley Orr

Lesley Orr is a feminist activist, historian and writer. Lesley has worked in academic research, campaigning, advocacy and education. She was an unpaid Women's Aid worker in the early 1990s, and coordinated an action-research project at Edinburgh University entitled *Out of the Shadows: Christianity and Violence Against Women in Scotland*. Lesley has participated in many transnational networks and initiatives to raise awareness of, resist and prevent global gender based violence, and has written extensively on the issues, especially in relation to churches and faith communities. She has been active in feminist, political and capacity-building organisations, including the Zero Tolerance Trust, Engender and the Lydia Project (training and support for women-run social projects in Eastern Europe). She has also published and taught on gender studies and the history of women in 19-20th century Scotland (most recently at Glasgow University). She is on the committee of Women's History Scotland.

Sandra Paton

Sandra has worked with South Ayrshire Women's Aid for 14 yrs. She has more than a decade of experience supporting children & young people in refuge and for the last 4 years has been employed by her group as Training & Development Worker. Sandra was a member of the Working Group that produced the National Training Strategy and was also commissioned by SWA to write the exercises for the Listen Louder Training Pack. Sandra's post is currently funded by the South Ayrshire Better Integrated Children's Services Fund and she is currently involved in delivering multi agency training and preventative work in schools. Data gathered during preventative work sessions was used to inform the first phase of recently published research titled Raising the Issue. Sandra has also prepared and delivered training seminars for other local authorities and universities.

Marsha Scott

Marsha Scott is a feminist activist and practitioner. She is Co-convenor of Engender, Scotland's feminist research and information organisation, and serves as an associate researcher for the Centre for Research on Families and Relationships. She is Principal Officer for Health, Policy and Planning at West Lothian Council and a member of the Cross-Party Group on Men's Violence Against Women and Children. As the Scottish representative to the UK Joint Committee on Women she sits on the Women's National Commission's Violence Against Women subgroup and is also the UK Expert delegate to the European Observatory on Violence Against Women.

She is a co-author of *"So for 39 years I just got on with it"--Older Women and Domestic Violence in Scotland* and recently finished a PhD at the University of Edinburgh on Scottish domestic violence policy.



Nel Whiting

Nel Whiting is a Learning & Development Worker with Scottish Women's Aid, where she has worked since September 2003. Her role takes her throughout Scotland providing learning opportunities to a range of professionals in the voluntary and statutory sector. She also teaches on the Queen Margaret University 'Gender Justice' module. Her previous employment includes work in Racial Equality Councils in Scotland and her native Wales.

BOOKING FORM

Please photocopy this form for EACH training booking and return to:
Training Administrator, Scottish Women's Aid, 2nd Floor 132 Rose Street, EDINBURGH,
EH2 3JD • Tel: 0131 226 6606 email: info@scottishwomensaid.org.uk

Confirmation of the booking and a pre-course questionnaire will be forwarded to you in due course.

I wish to book a place on the following event (BLOCK CAPITALS PLEASE)
(please note – this booking form is **NOT** for the Gender Justice & Male Violence module at QMU)

Title of training event or seminar:

Date of event:

Name:

Job title:

Organisation:

Address:

Tel:

E-mail:

Dietary Requirements:

Specific Requirements (eg access):

Please tick this box if you would like to receive information about Scottish Women's Aid training and events

I enclose a cheque/postal order for £ made payable to Scottish Women's Aid

I wish to be invoiced for places at £ per place.

Invoice to be sent to (if different to above address)

Cancellation Policy
Cancellation 1 month or more prior to the event – 50% due for payment
Cancellation 2 weeks or more prior to the event – 75% due for payment
Cancellation under 2 weeks prior to the event – 100% due for payment

WOMEN'S AID CONTACT LIST

SCOTTISH WOMEN'S AID (0131) 226 6606

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| Dunfermline | (01383) 732289 |
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| East Renfrewshire | (0141) 644 4342 |
| Edinburgh | (0131) 315 8110 |
| Glasgow | (0141) 553 2022 |
| Grampian | (01224) 593 381 |
| Greater Easterhouse | (0141) 773 3533 |
| Hamilton & Clydesdale | (01698) 891498 |
| Hemat Gryffe | (0141) 353 0859 |
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